

South African Powerlifting Federation

P O Box 1617 Lonehill 2062 Tel: (011) 465 3379 Fax: (011) 465 7938

2019 World Classic Powerlifting Championships – Manager's Report

A team of 21 powerlifters competed for South Africa in the IPF World Classic Powerlifting Championships held in Helsingborg, Sweden from 4 – 15 June 2019. The team consisted of 11 female and 10 male lifters, with 5 Subjuniors, 2 Juniors and 3 Open lifters competing under Protea colours, and 11 Master lifters competing under Federation colours.

Team South Africa won 17 medals in total, set 3 new African records and 23 South African National records.

Medals

The breakdown of medals won by team South Africa is as follows:

	Bronze	Silver	Gold	Count	
Squat	4	1		5	
Bench	3	1	1	5	
Deadlift	1	3		4	
Total	3			3	
Count	11	5	1	17	

Detailed Results

The full results can be found here: https://www.powerlifting.sport/championships/results/2019/world-classic-powerlifting-championships-2019.html

Team South Africa's individual results are as follows:

President : Johan Smith
Vice President (I) : Heather Leighton
Vice President (N) : Ephraim Khandanise
Treasurer : Gail McKenzie-Kerr
Secretary General : Cliff Hayim (interim)

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	TEAM SOL	JTH AFR	ICA RES	ULTS - 2	2019 IPI	- World	Classic	Powerli	ifting Ch	nampior	ships, F	Helsing	borg, Sweden
										Medals			
Name 🔻	Surname 🔻	Gender 🗐	Age 🔻	Weigl ▼	so v	BP ▼	DL 🔻	Total 🔻	SQ 🔻	BP 🔻	DL 🔻	Total ▼	SA and African Records
Lianka	Wurth	Female	SubJunior	63	80				ļ	10th	8th	10th	SA SJ Deadlift
													African SJ Deadlift; SA SJ Bench, Deadlift and Total; SA
Erin	Collins	Female	SubJunior	72	132.5			365	Bronze	7th	Bronze	4th	Jun Deadlift and Total
Megan	Leighton	Female	Junior	57	112.5		152.5	327.5	6th	10th	6th	7th	SA Jun Deadlift
Olivia	Perotti	Female	Open	72	165	82.5		_	12th	16th	20th	15th	SA Open Squat
Elisabeth	Barry	Female	Master 1	47	77.5			235	Bronze	Bronze	Silver	Bronze	
Zanele	Ngwenya	Female	Master 1	72	125	62.5	155	342.5	7th	8th	7th	8th	
Pia	Marangoni	Female	Master 1	84	145	62.5	162.5	370	8th	11th	10th	12th	SA M1 Deadlift and Total
Jodi	Poxon	Female	Master 1	84	112.5	57.5	130	300	13th	13th	13th	13th	
Carol	Anthony	Female	Master 2	52	77.5	45	120	242.5	7th	7th	5th	6th	
Lana	Kleynhans	Female	Master 2	72	80	60	145	285	9th	8th	5th	8th	SA M2 Deadlift
Susan	Farrell	Female	Master 3	63	100	52.5	125	277.5	Silver	Bronze	4th	4th	African M3 Squat and Total; SA M3 Squat, Bench and Total; SA M3 Single-lift Bench
Tshepo	Mulaudzi	Male	SubJunior	53	100			315	Bronze	Bronze	Silver	Bronze	g.cg.c
Melt	Meyer	Male	SubJunior	120	220			592.5	6th	9th	Silver	6th	
Martin	Van der Merwe	Male	SubJunior	120+	225	150				Gold	4th	Bronze	SA SJ Squat
Wynand	Kuhn	Male	Junior	74	155				16th	16th	14th	15th	3713334444
Gian	Smit	Male	Open	93	250				24th	31st	28th	28th	
Tom	Wewege	Male	Open	93	230				29th	30th	24th	29th	
-					207.5								SA M1 Squat, Bench, Deadlift and Total; SA Open Bench; SA
Marlon	Daniels	Male	Master 1	74			215		8th	Silver	13th	8th	M1 Single-lift Bench
Jerry	Botha	Male	Master 1	93	182.5	122.5		_	11th	13th	9th	11th	CA AM C
Simon			Master 1	120	237.5	160			5th	7th	5th	6th	SA M1 Squat
Shaeel	Singh	Male	Master 1	120	230	140	260	630	8th	10th	4th	8th	

Referees

SAPF President Johan Smith, in his capacity as Technical Chairman of the IPF, oversaw the running of the championships, as well as officiating on the jury. The following South African international referees also officiated during the championships: Alan Ferguson, Rodney Anthony, Megan Leighton, Heather Leighton.

This was the last time that the Subjuniors, Juniors, Open and Masters will compete together in the World Classic Powerlifting Championships. From 2020 the Masters Classic Powerlifting Championships will be a separate event (to be hosted by South Africa in April), and the SubJuniors, Juniors and Opens will compete in Belarus in June.

Heather Leighton (24/06/2019)

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nternational Powerlifting Federation

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